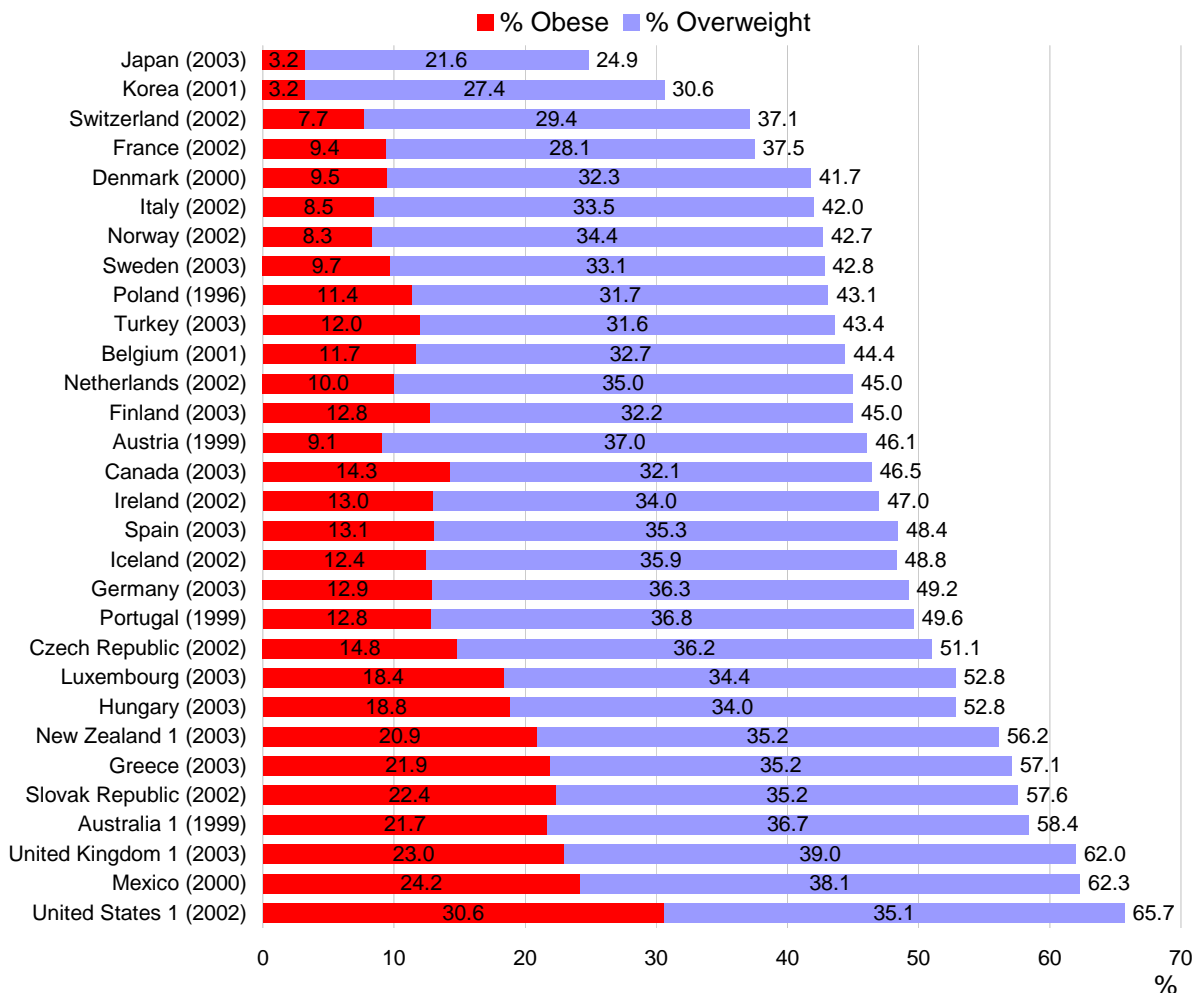


Chart 4. Overweight and obesity rates among adults, 2003 (or latest year available)



Note: Obesity rates are defined as the percentage of the population with a Body Mass Index (BMI) over 30. Overweight rates are defined as the percentage of the population with a BMI between 25 and 30. The BMI is a single number that evaluates an individual's weight status in relation to height (weight/height², with weight in kilograms and height in metres).

1. For Australia, New Zealand, the United Kingdom and the United States, figures are based on health examinations, rather than self-reported information. Obesity estimates derived from health examinations are generally higher and more reliable than those coming from self-reports, because they preclude any misreporting of people's height and weight. However, health examinations are only conducted regularly in a few countries.

Source: OECD Health Data 2005.