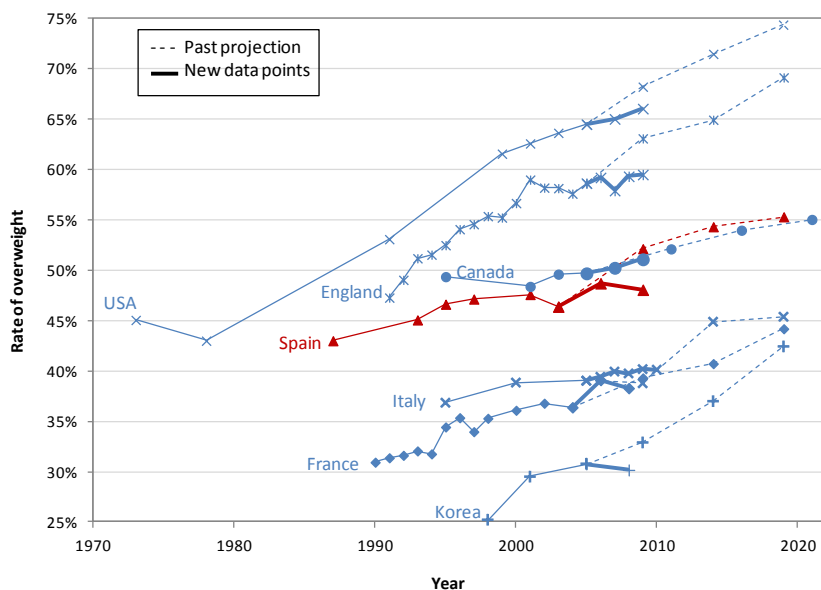


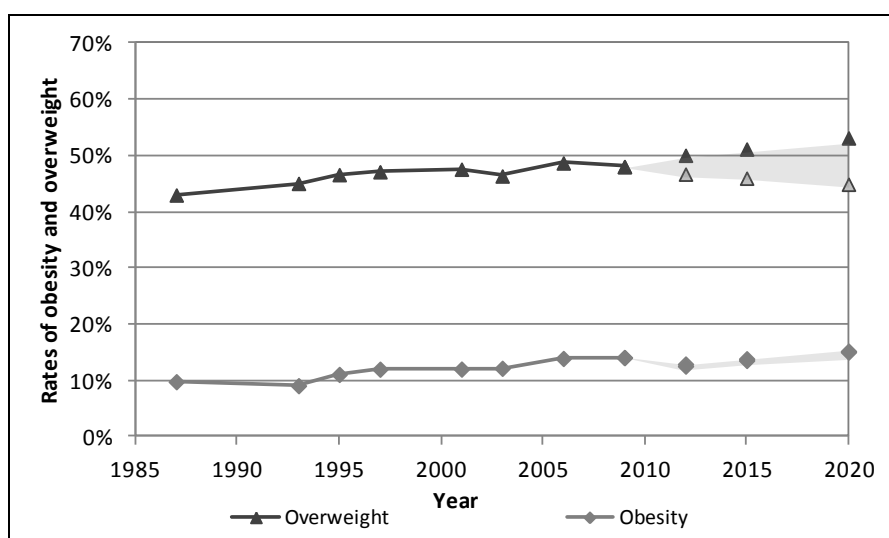
# OBESITY AND THE ECONOMICS OF PREVENTION: FIT NOT FAT

## KEY FACTS – SPAIN, UPDATE 2012

1. Adult obesity rates in Spain are higher than the OECD average, and child rates are amongst the highest in the OECD. Two out of 3 men are overweight and 1 in 6 people are obese in Spain. One in 3 children aged 13 to 14 are overweight. The latest data show that the proportion of adults who are overweight remained fairly stable since the early 2000s, with a mild increase in obesity.

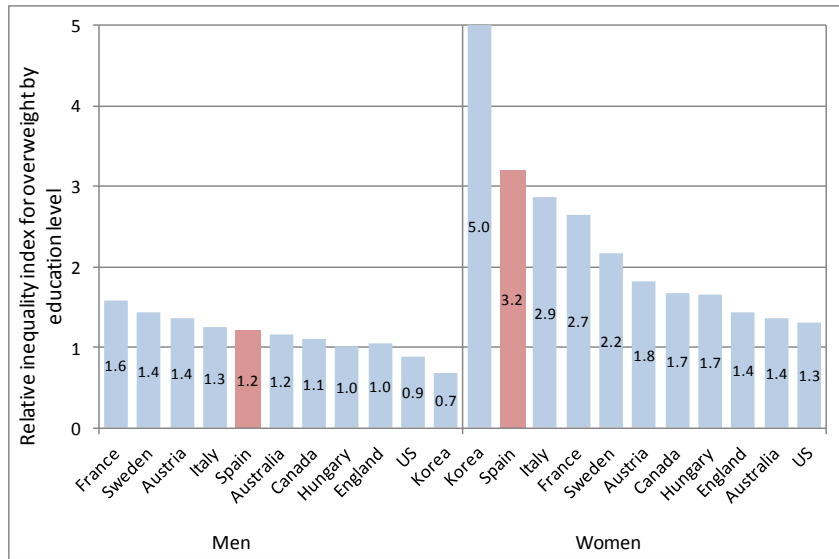


2. Taking account of the most recent data, new projection bands for 2010–2020 indicate that overweight and obesity rates are expected to grow, at most, by 7% during that period.



3. Social disparities in obesity are very large among Spanish women. Women with poor education in Spain are 3.2 times more likely to be overweight than more educated women. Disparities are

substantially smaller in men. The degree of socio-economic inequality has remained virtually unchanged in recent years.



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For more information, consult <http://www.oecd.org/health/prevention>.